

# Teddy's Patterns for Sick Kids



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# Banana In Pyjamas

## Knitting Pattern

**Measurements:** Approx 30cm high.

**Materials:** One 50g ball yellow 8 ply yarn. One 25g ball blue 8-ply yarn. One 25g ball white 8-ply yarn. Small quantities of brown and black 8-ply yarns. One pair 3.25mm (No 10) knitting needles. One 3.50mm (No 9) crochet hook. One pair 8mm animal safety eyes. Three small white buttons. Tapestry needle. Polyester fibre filling.

### BODY FRONT

**Trousers.** Using 3.25mm needles and blue yarn, cast on 30 sts. Knit one row. Join in white yarn and knit 14 rows garter st, working in stripes of 2 rows white and 2 rows blue. Cont. in garter st stripes for rem, cast off 18 sts at beg of next row.

Knit one row. Cast on 18 sts at beg of next row. Knit a further 15 rows, keeping stripes correct. Cast off.

**Shape Body.** With right side of trousers facing, using needles and yellow yarn, knit up 17 sts evenly across top of trousers. Beg with a purl row, work 9 rows st st.

**Shape arms.** Cont in st st, cast on 12 sts at beg of next 2 rows...41 sts. Work 6 rows st st. Cast off 12 sts at beg of next 2 rows.

Work a further 20 rows st st.

**Shape head.** Cont in st st, dec one st at each end of every row until 3 sts rem.

Next row. P3tog.

Fasten off.

### BODY BACK

Work as for Body Front.

### BASE OF LEGS. (Make 2.)

Using hook and yellow yarn, make 2ch.

1<sup>st</sup> rnd. Work 6dc in 2<sup>nd</sup> ch from hook.

2<sup>nd</sup> rnd. Work 2dc in each dc around ... 12dc.



3<sup>rd</sup> rnd. \*Work 1dc in next dc, then 2dc in 2<sup>nd</sup> dc; rep from \* to end...18dc. S1 st in next dc. Fasten off.

### TOP OF BANANA

Using needles and brown yarn, cast on 8 sts.

Work 6 rows st st.

Break off yarn, thread end through 8 sts, draw up firmly with right sides tog, and sew side seam.

### JACKET (Beg at Right Front.)

Using needles and blue yarn, cast on 20sts.

Cont in garter st stripes of 2 rows blue and 2 rows white, at the same time, inc one st at beg of next and foll alt rows (neck edge) until there are 30 sts. Knit 9 rows garter st.



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# Banana In Pyjamas Knitting Pattern

## (continued)

### JACKET (cont.)

**Shape Armhole.** K4, cast off 10 sts, knit to end.

Next row. K16, turn, cast on 10 sts, turn, knit last 4 sts.

Knit 8 rows garter st. Cont in garter st stripes, dec one st at beg of next and foll alt rows until 22 sts rem. Knit one row.

**Buttonhole row.** K2 tog, K3, (yfwd, K2tog, K4) twice, yfwd, K2tog, K3...3 buttonholes, 21 sts.

Work one row.

Dec one st at beg of next row. Work one row.

Cast off using same colour as last row.

### GENERAL ABBREVIATIONS

**Alt:** alternate

**Beg:** beginning

**Ch:** chain

**Cont:** continue, continuing

**dc:** double crochet

**dec:** decrease, decreasing

**foll:** following

**garter st:** knit every row

**inc:** increase, increasing

**K:** knit

**P:** purl

**Patt:** pattern

**rem:** remain, remainder, remaining

**rep:** repeat

**rnd:** round

**sl:** slip

**st/s:** stitch/es

**st st:** stocking stitch (knit all sts on right side of work, purl all sts on wrong side of work:

**tog:** together

**yfwd:** yarn forward



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# Pattern for knitted Teddy's

## Knitting needles

Use size **3mm** (11) or **3.25mm** (10) needles and 8 ply yarn.

## Legs and shorts

Cast on **10** stitches, knit **20** rows.

Change colour for shorts and knit **8** rows. (The legs are **28** rows in total.)

Knit a second leg to match.

On the next row knit **9** stitches across the first leg, knit together the last stitch of this leg and the first stitch of the second leg, knit to the end.

On the next row, knit twice into the centre double stitch. Then knit across both legs for another **10** rows (**40** rows in total).

## Shirt and arms

Change colour for shirt and knit **12** rows.

Cast on **10** stitches for the sleeves at the start of the next **2** rows & knit **12** more rows.

Cast off **10** stitches at the beginning of the next **2** rows. (**68** rows in total).

## Head

Change colour for head and knit **26** rows. Cast off.

The Trauma Teddy is **94** rows in total. Knit another side to match.

The flat half should measure about **20cm** top to toe, if less increase needle size, if more, try a size smaller needles.



## Yarn for sewing up

Each time you cast on or off, or change colour, be sure to leave enough yarn for sewing up. Allow three times the length of the seam to be sewn. Remember to leave extra head colour yarn for the neck and ears.

## Sewing up

Never use pins and use just one sewing (darning) needle at a time. Use a bulldog clip or a peg to hold a seam together while sewing.

Place the two skins together and with one strand of yarn use small, neat stitches to over sew the seam. Match stripes and colour changes neatly. You can either sew with right sides facing out, then turn the teddy inside out to darn in the ends or, this is the preferred way, you can sew with right sides together and turn the teddy right side out before stuffing.

Make sure you darn about 3-4 cm of yarn into the seam or across the back of the knitting, so seams don't come undone if the Teddy is cuddled too hard. Do not leave long ends inside that a child could pull through and wrap around a finger. Leave the top of the head open ready for filling. For the cast-off rows on the shoulder sew the 'inside rows' together to make a neat seam. Tie any loose threads together.

## Filling

The Teddies should be stuffed with a polyester monofilament (Dacron). Never use bean bag filling, corn, stockings, foam rubber or cut up rags. Tear the filling into small pieces and fluff it up before filling the legs and body. The Teddy should be firm, but not too hard. A good test is to hold it by the feet or lower legs – it should be able to 'stand up'. Make sure the stuffing reaches the end of the legs and arms.

To make the neck, at the row where the colour changes for the head, use small stitches over and under just two threads, then draw the thread to make a well defined neck, but don't pull it too tight.

Tie the two ends with an overhand knot and sew them into the filling material. If necessary, push more filling into the body and arms. Fill the head firmly.

## Sewing the head and ears

Join the two cast off edges at the top of the head with a neat seam, putting in more filling if necessary.

Use the remaining thread to make the ears. Run it down the side of the head for about 1/3 down (10 rows for standard Teddies). Next, pull the yarn gently to make the corner of the ear slightly round. Sew running stitches diagonally to the top of the head and back down. Secure the end of the yarn and darn it in. Repeat for the second ear.

If there is no yarn left for sewing the ear, count down about 10 rows and thread new yarn up to the corner of the head and back down again, and sew the ear as described above.

## To make the faces

Make a happy face, with an upturned mouth. Use black yarn for all the features. It can be sewn using any stitch, but stitches must cover no more than two rows or two stitches of knitting, to stop a small finger getting caught. Faces should preferably be stitched after the bear is stuffed. Look at some pictures, to see where to place the face, make sure it is not too high up. We suggest you start with the eyes, about across the 5th and 6th row from the top and about 3 or 4 stitches from the centre line, then the nose in the centre and the mouth below the nose.

# Crochet Pattern for one of our favourite Teddy's

## Crochet instructions

**Crochet Hook :** Size 3mm and 8 ply yarn.

This pattern is worked in continuous rounds of double crochet without seams. Make sure the fabric is firm and you can't see any filling between the crochet stitches. Legs and shorts: 3 chain, 6 double crochet into the 2nd ch. 2 dc into each stitch =12 dc 2 dc into first st, 1dc into next.

Repeat 6 times =18 dc Work 9 more rounds

Change colour for shorts and work 5 rounds.

Cut wool leaving 20cm tail for sewing. Make another leg to match then join both legs working 36 dc around body for 6 more rounds finishing at the side.

**Shirt and Arms:** Change colour for shirt and work 6 rounds. At the side chain 10, miss 1ch, dc into next 9 ch and work 18 dc across body. Repeat for other side. Work 9 dc on underside of sleeve. Continue working dc along both sides of sleeves and body for 6 rounds altogether, finishing at neck edge. Leave a tail. Head: Change colour and work 18 dc across front and 18 across back for 13 rounds. Sew tops of sleeves, leaving top of head open for filling.

